

THURSDAY

APRIL 28, 2011

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VOL. LXXXVIII NO. 20

# The Dragon Chronicle



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before you leave Cortland

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STATE UNIVERSITY OF NEW YORK COLLEGE AT CORTLAND

## Track Stars Blaze Past the Competition



Photo by Todd Curtis

Members of the Cortland Women's Track team cross the finish line in absolute style last weekend, April 22/23. See page 10, "Track and Field Review," for the full story

## Make a Pledge

**Health Club inspires students to make a healthy pledge for Wellness Day**

By Hannah Connelly  
Staff Writer

On Friday, April 29, Cortland's Health Club will be sponsoring the First Annual Health-Wellness Day. This event will be a campus-wide initiative to start getting students and faculty to start paying more attention to their health and well-being.

This event, which will be held on the steps of Corey Union from 11 a.m. to 6 p.m., will include performances, free giveaways and appearances by Blaze, the Cortland mascot. It will also be a chance for individuals, clubs, organizations, sports teams and academic departments to start a healthy trend on campus.

Health Club is asking groups, organizations, departments and individuals to make a pledge to commit to do something healthy on the day of the event that they wouldn't do on a normal basis. Over 40 pledges have already been submitted through Health-Wellness Day's Facebook page, and through e-mail. Examples of pledges include the Men's Soccer

team to get eight hours of sleep on Health-Wellness Day; Non-Traditional Students' Organization will drink an extra bottle of water, and APAC pledges to perform self breast or testicular examinations on Health-Wellness Day.

Individual pledges have also been submitted, such as Professor John Leary's goal to go on a hike at Lime Hollow Nature Center, and Kim Patricia's pledge to "devote at least 30 minutes a day to doing nothing but relaxing and de-stressing." Like Patricia's pledge points out, pledges don't only have to be about physical and nutritional health, but can also be about mental well-being.

Health-Wellness Day encourages pledges to promote one's mental and social health as well. Anna Wright, one of the coordinator's of Health-Wellness Day says, "I want everyone who makes a pledge to stick with it on Health-Wellness Day, and then realize how easy it was to make a simple change for the better. Even though Health-Wellness Day is only for one day, I'm hoping that people will stick to their commitments for more than a day, or even think of a new pledge to commit to each day. I want people to understand that many small changes in one's life can add up to a lot and turn

See PLEDGE, page 3

## From Seniors to Alumni

**Seniors are reminded to stay connected as alumni after they graduate**

By Ashley Stanton-Follett and  
Lee Ann Mazzarissi  
Contributing Writers

As graduation quickly approaches, each senior attempts to make every last minute count. They pick-up their caps and gowns, ride the bull at Beer Goggles, and do one last t-shirt at the Dark Horse. However, few keep in mind the bridge they are about to cross. On May 21, 2011, every senior will move their tassels from left to right and are thus transitioning from senior to alumni.

It goes without saying that this transition comes with the fears of leaving friends that have become family, and memories you've shared together. There is also a sense of loss in the attachment to the Cortland campus that you have made your home for the past four years. But have no fear seniors, the Office of Alumni Affairs is here.

Who knew that in an office located one floor above the brick oven and sushi chef at everyone's favorite dining facility in Hilltop, there stands a team of Cortland employees devoted to keeping

you connected to the College you love so dearly? The Office of Alumni Affairs serves as your connection to maintaining a relationship with your Alma Mater; however, the link starts with you.

Did you know that after graduation your Cortland e-mail account is deleted? While some might consider this to be minor, this essentially is closing off your electronic gateway to the campus. Through your e-mail, you will receive the alumni newsletter, *Moments*, information about reunions, and other events to connect you with fellow alumni across the country. Therefore, we encourage you to please update your current contact information.

The alumni reunion is an annual event hosted at the Lynne Parks '68 SUNY Cortland Alumni House and throughout the campus and community. Past reunions have allowed alumni to participate in golf tournaments, boat cruises, wine tours and much more. Each alumni reunion highlights different class years, in addition to different Greek organizations, sports, and clubs.

So while you continue to check things off your senior bucket list, make sure you don't forget to complete your transformation to a Cortland alumni by updating your alumni record. If the excitement of Grad Finale got in the way of you completing

your undergraduate or graduate survey, please visit [www.cortland.edu/alumni](http://www.cortland.edu/alumni) and choose the "Class of 2011" box on the left hand side as soon as possible. These tools are the only way the College can keep serving you. As you pack up your parents' minivan one last time with your belongings and memories, be sure to remember the importance of staying connected to your alma mater.

Also, before May 6, we should all consider leaving a legacy at Cortland. With New York State funding decreasing significantly to less than 30% of the operation budget, it is increasingly imperative to give back. As students, we all benefitted from the generosity of alumni, parents and friends of the College. Your gift is a way of giving back, a way of saying thank you, and a way of symbolically making the transition from student to alumni.

If each senior from our graduating class donated a gift of \$20.11 – significant to our graduating year - we would be able to give at least \$26,000 to our alma mater. Visit [www.cortland.edu/giving](http://www.cortland.edu/giving) and note "Senior Class Legacy Gift" for more information.

From a red dragon to a professional, pitcher chips to business cards, and classrooms to offices, consider yourself a Cortland alumni. Congratulations class of 2011, you did it!



# What’s Going On?

## Calendar of Events: April 28-May 4

### Today:

**12. p.m.** Sandwich Seminar: “Love, Lust and Liquor” in Brockway Hall Jacobus Lounge.

### Friday:

**10. a.m.** Health-Wellness Day, located on the steps of Corey Union.

### Saturday:

**12. p.m.** Enjoy the Spring Fling Carnival on Neubig road.

**8. p.m.** See Kid Cudi perform for the Spring Fling concert. Located in the Park Center ice arena.

### Sunday:

**4. p.m.** Gospel Choir 25th Anniversary Spring Concert in Brown Auditorium.

### Monday:

**4:30. pm** Award winning author, Ginnah Howard, will discuss the different aspects of writing and publishing a novel in her talk titled, “How to Write and Publish a Novel.” Located in Sperry 304.

### Tuesday:

**12 p.m.** Last day for in-class examinations.

### Wednesday

Cheer on the Men’s Lacrosse Team in the SUNYAC Semifinals.

# Letter From the Editor

As the final issue of the year, as well as my last issue as a member of *The Dragon Chronicle*, gets ready to go to press, I can’t help but reflect back on my time here at Cortland.

As a freshman I remember professor “Doc” Hollenback telling me how fast my college career would go by. These past few months, as I trudged to class in the snow and slush, I felt as though graduation would never arrive. I now have to admit that Doc was right; with three weeks left until graduation, I can’t help but shake my head and wonder where the last four years went.

It seems like just last week I was wandering-lost-around Dowd Fine Arts trying to find my COR 101 class. (O.K. maybe I did get lost last week, but I swear I’m getting real close to figuring that building out).

I called home the other day and complained to my mom about how bad the weather was and how annoying some of my classes were.

“Wow, you must be really anxious to come home,” she replied. Out of instinct, I

agreed with her. After that talk I began thinking about how in many ways Cortland has become my home. For the past four years I have spent eight out of the twelve months in this small town in upstate New York.

I’ve experienced so much during those months. I’ve been a proud member of both the wrestling team and *The Dragon Chronicle*, which have each left a profound effect on me. Both have taught me the value of hard work and the pride you feel as result of that work.

I have taken all different types of classes. Some have been extremely beneficial; others opened my eyes to global issues, while in others I could barely keep my eyes open. I’ve done well in some classes, not so well in others. (Cough..Spanish...cough) I’ve made friends that I hope to stay close with, and met characters I can live without. I have gained stories that I’ll proudly pass along to my future children, while others remain best kept to myself.

I would like to thank those who have helped me during my time here. First and foremost, I

need to thank my family for all of their support and for being my biggest fans. (If I didn’t tell her not, to my mom would still cut out my articles for me and put them on the refrigerator). I would like to thank my coaches and professors for their patience and knowledge. I would like to thank the friends I’ve made here that have made my Cortland experience an unforgettable one. I have to thank my housemates both past and present, at 28 Clayton, because if I didn’t, they would never let me hear the end of it.

As I leave Cortland and begin my life in the “real world,” I can’t help but feel the same as I did when I first arrived here four years ago. I feel that mixture of excitement, anxiousness and nervousness that is only felt when you begin a new chapter in your life. Like a freshman on move-in day, I’m not sure what my future holds, but I can only hope that it will be as memorable as my time here.

Yours in Cortland Pride,  
Daniel Harding, Jr.  
Editor-in-Chief

# Exploring Spiritual Life

## The final Wellness Wednesday supports campus fellowship

By Lisa Torswick  
Health Promotion Intern

When we speak about some of the most controversial and heated topics of our day, issues of war and politics usually come to mind. We see people taking sides and holding fast to their beliefs, not looking to change their views.

What we don’t usually realize is that the issue of religion has created rifts between groups for centuries now. At the same time, it has brought many people together to partake in special traditions that have created a sense of unity and belonging.

College is often regarded as a place that breeds bad decisions and poor judgment: a place where many leave the strong sense of a religious presence that they have grown up with at home. Often times, students get lost in the blur of papers, deadlines, and parties; They don’t know where to turn when they need some religious guidance.

Cortland has always strived to create a sense of community for all of its diverse students, and in an effort to do so, the Interfaith Community created, the “Holy Times, Holy Meals: Exploring Spiritual Life” program with the cooperation of the Health Promotion Office’s Wellness Wednesday Series. The program, which happened to be the last one in the series, took place April 20 at

the Interfaith Center, and looked to explore a wide variety of spiritual traditions and beliefs.

The night turned out to be one of shared religious and spiritual experiences, where different people came together and sat around a table to show others their beliefs and traditions. The invitation was open to anyone to sit down, eat, drink, and learn about the different rituals and holy meals represented, which ranged from the more commonly known practices of Catholicism and Judaism, to lesser known beliefs such as Wicca.

Cathy Smith, one of the program organizers, was quoted as saying, “The first part of the program was rich with spiritual tradition and rituals around holy meals, and the dinner afterward was a wonderful way to connect with many people from these traditions.” Health Promotions Intern, Jason Decker, said, “This program was a time to meet and make connections with people you wouldn’t normally get the chance to.”

Recently, I spoke with one of my housemates, who expressed to me how she has found herself feeling sad around the holiday season because Cortland doesn’t get a break from classes. She has had to spend Passover with people who don’t understand her holiday, and longs for her family and her home. Instead of enjoying family traditions that bring back warm memories of her childhood, she has to spend the holidays eating in a dining hall, pressured by upcoming exams.

Where do we turn when we feel this kind of homesickness? Where can we find the strength,

support, and guidance that, for many, religion has given us at home? For many students, bowing their head and giving thanks before a meal would be considered commonplace and expected at home, but at college they may feel nervous to show their religious practices to others when everything is new and different.

Religion is no longer seen as taboo in college. Groups such as Hillel and Agape are bringing religion and spirituality to the forefront, and providing a place for people to come and find a sense of community that is so often lost upon entering college.

A study done by the Higher Education Research Institute titled, “The Spiritual Life of College Students,” interviewed over 110,000 students on more than 236 college campuses and found that 79% of students share some sort of belief in God, and 81% attend some sort of religious service regularly or occasionally.

I hope some of you were able to take this as a time to get in touch with your own spirituality, and get a deeper understanding of your own beliefs. You can even learn about the beliefs of some of your fellow classmates. Religion should not be something that divides us.

It should be a unifier between people, to help bring them together. It doesn’t matter if you believe in one God or many, whichever belief allows you to feel grounded and whole again should be celebrated and explored.

This holiday season, and for the rest of the semester, don’t let yourself get lost in the shuffle, and do your best to keep the faith alive, whichever faith that may be.

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Do you want to get involved on campus, meet new people and have your voice heard?

Join The Dragon Chronicle!

Meetings are held every Monday at 9:30 p.m. in Corey 111.



# Green is Good

**Organization encourages young people to farm and make a difference**

**By Brittani Sahn**  
*Staff Writer*

From April 18 through 22, the Cortland campus celebrated Sustainability Week with lectures and presentations every day, showing the student body that taking care of the planet is crucial for our future. Wednesday night, the documentary *The Greenhorns* was shown with a panel of local farmers answering questions afterwards. According to [www.thegreenhorns.net](http://www.thegreenhorns.net), their organization is a “grassroots non-profit group made up of young farmers and many collaborators.” The Greenhorns’ main mission is “to recruit, promote and support the new generation of young farmers in this ample and able 21<sup>st</sup> century America.” The documentary showcased young farmers making a difference throughout the United States, most of which were starting their own farming plots in under-served communities.

Private farmers are said to lose around 2,880 acres a day of farming land because it is a hard industry to stay financially strong. The Greenhorns travel around the country to help educate people about the benefits of private farming. Industrialized farming has become the norm, but mass production does not sustain the earth like it has intended. Some young farmers in the documentary are actually starting to practice biodynamic farming, a type of farming in which all products are grown using only plant and animal parts. The farmers reuse what they have while growing healthy produce for all. Although farming, for the most part, is beneficial for all those involved, the one thing all farmers emphasized was the amount of hard work it takes to be a successful farmer. It is a 24-hour, seven-day-a-week job with no health care or days off. So, why do they become farmers and then stay farmers? “We just want to see everyone be able to enjoy our food, to benefit from it,” said one farmer on the panel. It is important to all farmers that many people have access to this healthier lifestyle. They love the fact that they can provide people with food not associated with industrialized companies.

However, one problem the farmers recognized was getting the food to those who cannot afford it, like people living in larger cities. Living healthy is much more expensive than living off of McDonald’s. Farmers want to see everyone be able to afford their fresh grown produce and meat, so they too can see the difference. Luckily, the panel of farmers noticed “a boom in young farmers” referring to it as a “phenomenon” because of the increase in interest. Furthermore, there is an increase in urban farming, which is giving larger cities more access to farming education. Farming may seem like an occupation most people are not interested in, but consider the benefits to becoming a private farmer. You are able to eat your own produce, leading to a healthier life. You are able to save money by producing your own food. You are able to help other families lead healthier lifestyles. Lastly, you can break the stereotype of large industrialized farming. There are many sources to contact if you are interested in the farming industry. The Greenhorns are always looking for new, young farmers. Other websites to visit are [www.CropMob.org](http://www.CropMob.org) and [www.NO-FANY.org](http://www.NO-FANY.org) for more information.

# Take the Power Back

**Students fight back with the power of music and the audience of Youtube**

**By Molly Fogarty**  
*Contributing Writer*

Did you know that all SUNY Schools are cutting their funding? This is because the governor’s proposed budget plan will cut SUNY funding by over \$362 Million. Are you interested in taking a stand against this cut to funding? Right here at Cortland you have a chance to be part of a Lip Dub. A Lip Dub is a group of people lip-syncing a song that has a message behind the lyrics and is shot with one continuous shot. Dr. Kaltefleiter’s New Communication Media class (COM 350) is taking a Lip Dub project

on to stand up against the government for taking money away from SUNY schools. As a class, we are looking to put around 200 people in this video that will be uploaded onto YouTube, and will potentially be seen all over the world. We are looking for eager students who recognize the problem going on and are willing to be a part of our Lip Dub. Last year was the first time COM 350 took on the Lip Dub project and, if you search YouTube for “SUNY Cortland Lip Dub” you will see a preview of the kind of shoot we plan to do. The songs we have chosen to portray our message are, “Graduate” by Third Eye Blind, “Not Afraid” by Eminem, “Fortunate Son” by Creedence Clearwater Revival and “We’re Not Gonna Take it” by Twisted Sister. The message of these songs combined with Cortland peers will convey a powerful mes-

sage. We are taking a deeper look into the SUNY school system and the detrimental effects it is facing. With education systems dwindling down and tuition skyrocketing, the social media tool of YouTube is a fast and easy way to spread the message. This is especially true for students in middle and high school whose future will undoubtedly be affected. In addition, our job market is faced with a difficult time, and the decline of financial aid is a genuinely large problem with families all over the country, especially the state of New York. SUNY schools promote making college education affordable for all, but with budget cuts they’re risking losing a lot of potential students. The time is now to unite against the control of higher government. Support SUNY and help keep its powerful reputation alive.

# Cortland’s Classic Cinema

**RHA’s Drive-in style theater works to bring community together**

**By Megan O’Brien**  
*Staff Writer*

On May 7 at 8 p.m., Residence Hall Association will be sponsoring a drive-in movie night outside at Davis Field. They will be projecting *Despicable Me* and *Toy Story 3*. Sophomore Ashley Cattaneo, president of Smith Tower

said, “We wanted to bring together the Cortland campus community and the community of Cortland to have a fun night.” Popcorn, cotton candy, and hot dogs will be available for sale, and admission is free. Cattaneo said, “Bring a blanket to sit on and one to keep warm!” The rain location is the Lusk Field House. *Despicable Me* will start at 8 p.m. and *Toy Story 3* will start around 10 p.m. Both are movies that recently came out on DVD. *Despicable Me* and *Toy Story 3* are recommended for children ages five and up. IMDB summarizes *Despic-*

*able Me* as, “When a criminal mastermind uses a trio of orphan girls as pawns for a grand scheme, he finds their love is profoundly changing him for the better.” A brief synopsis of *Toy Story 3* is, “The toys are mistakenly delivered to a day-care center instead of the attic right before Andy leaves for college, and it’s up to Woody to convince the other toys that they weren’t abandoned and to return home.” The event is scheduled for after SpringFling so that students can wind down after the excitement of that weekend and before finals.

## PLEDGE

FROM COVER PAGE

out to be really significant. That’s what this day is all about: awareness that small positive changes are still important and can lead you to living a wellness lifestyle.” President Bitterbaum is on board with the idea as well, and has been involved by sending e-mail announcements about the event, and even contributing funds. Colleges for Change: Tobacco Free SUNY Cortland and SUNY Cortland’s Health Promotion Office will also be collaborating with Health-Wellness Day by providing free give-

aways and information. During the event, Health Club will be promoting the American Red Cross’s Citizen CPR campaign by encouraging members of the campus to watch an instructional video about assisting in CPR. This will be a day full of healthy events, giveaways and information. All students, faculty, clubs, organizations, and sports teams are encouraged to make a pledge to fulfill on Health-Wellness Day. All groups who submit pledges will be given a certificate of their pledge to display. Send all completed pledges through Inter-Campus Mail at Corey Union SGA-Health Club, or by pledge on Facebook at Cortland Health-Wellness Day. So, what are YOU going to change for Health-Wellness Day?



photo by Hannah Connelly

Students create a poster for Health-Wellness Day Friday, April 29

# Choir Praises

**Gospel Choir celebrates 25 years with praise, love, and a little dance**

**By Jessica Downer**  
*Copy Editor*

The SUNY Cortland Gospel Choir, directed by Robert Brown, will end their 25<sup>th</sup> anniversary celebration with their spring concert, which will be held on Sunday, May 1<sup>st</sup> at 4 p.m. in Brown Auditorium. This will be the conclusion of the year-long celebration with concerts performed in Batavia, Utica, and the choir’s international tour to Toronto and Niagara Falls, Canada. The concert is sure to be a treat for attendees, as many gospel choir alumni will be returning to view and participate in concert celebration. Some of these alumni include Mark Santiago ’09, Zena Jones, Jared Tallman, Dorothy Thomas ’77 and international recording artist, Christine Johnson Sinclair ’89. The choir will be performing crowd favorites, including “Perfect Praise,” by Richard Smallwood, “Faithful Is Our God,” by Hezekiah Walker, “Order My Steps,” by Glenn Bur-

leigh, with Zena Jones as the soloist, “Let’s Dance,” by John P. Kee, “The Presence,” by Youthful Praise, “Ride On, King Jesus,” an African-American spiritual, and “Alpha & Omega,” by Israel and the New Breed. The Mass Choir, a combination of choir members, alumni, and anyone who wants to participate, will perform “Oh Happy Day,” by Edwin Hawkins. Solos will be performed by Jason Carrerio, Melody Byron, Leah Horning, Khalia Brown, and the alumni listed above. SUNY Cortland A Capella, Directed by Noelle Chaddock Paley, will also participate in the concert celebration. Some of their songs will include “Wade in the Water,” an African American Spiritual, “Hallelujah,” by Jeff Buckley, and “A Life Uncommon,” by Jewel. Tickets for the celebration are \$3 for students, \$4 for seniors, and \$5 for general admission. Tickets will be sold at the door and by choir members days before the concert. The proceeds collected go towards Gospel choir scholarship funds, and the 2012 International Tour to England. It is sure to be a delightful, fun, and uplifting for participants and audience members alike. A reception will follow the concert. Come show your support and congratulate the choir on 25 great years.



Got a hot news tip?  
Let us know!  
E-mail at [dragonchronicle@cortland.edu](mailto:dragonchronicle@cortland.edu)







# OPINIONS

Have something to say and want your voice to be heard by the campus community? Then speak up and e-mail your thoughts to [dragon.chronicle@cortland.edu](mailto:dragon.chronicle@cortland.edu).

## Our View

This is it.

This is the final issue that this collective staff will put out.

Editor-in-Chief Dan Harding, News Editor Rebecca Greenland, Lifestyles Editor Tiffany Lewars, Opinions Editor Matthew Ianno, and Copy Editor Jessica Downer are all graduating at the end of the semester. This is a dedicated and talented group of individuals. They have given so much to the Dragon Chronicle and the paper has blossomed as a result.

Stepping up to assume the role of Editor-in-Chief is current Sports editor Tyrone Heppard. Mark Nader will replace Heppard as the Sports Editor, Adam Dejesus well be taking over News, Kimberly Mazzaro will be the new Opinions Editor, and Megan O'Brien will take control of Lifestyles.

We would like to thank all of our readers and followers for their support. The Dragon Chronicle will be back next Fall.

## Goodbye Cortland

### A graduating senior reflects on his four years at Cortland

By Jay Distefano  
Staff Writer

Like most seniors, I can vividly remember the first few weeks of being a freshman: open to anything, ready to take on the next stage in life, make life-long friendships, and, of course, play lacrosse.

Everybody has always said: enjoy college, because once you enter the real world, things will never be the same.

I can't imagine having to pay for everything on my own and actually having real responsibilities. The real world is around the corner, and Cortland has helped prepare me for the next phase of life.

Being a college student is basically like living in a dream world. Your parents pay for your education (for the most part), you chill out all the time, you don't have many concerns except to do well in school and have a banging social life.

What is the typical day for an undergraduate at Cortland? Every student has their own take on this, but for the most part all of us live a similar lifestyle here.

Wake up and grab some egg whites at Neubig, go to class, head over to club Tomik for a quick pump, eat some dinner, maybe do some work, and, of course, head down town for some festivities with the rest of the college world.

It seems that everybody finds their niche here at Cortland: whether it's being a meat head, an athlete, a scholar, or a partier, the university offers a little bit of ev-

erything.

In my four years, there have been many changes here at Cortland, some of which are minor and some are major.

Tomik gym has taken on the name "Club Tomik" and is a sight to be seen. If you are at Club Tomik during prime time (hours 4-7 p.m.) you will be able to see eye-opening things, from people lifting with their shirts off, and others recording themselves as they flex their "guns" and howl like wolves.

The New York Jets using Cortland as their training camp facility has been a major change to the University, and has also helped the city of Cortland as well. It has put Cortland on a national level and has helped students gain professional experience by being able to intern with them.

Every person will have a few experiences that rise above the rest. For me, my number one was winning a national championship with the Cortland lacrosse team in 2009.

I, and the other 45 guys who were able to accomplish this, will never forget the journey we took to the top. It is something that many people will never experience, and we are very thankful for the opportunity.

If I were to put everything I've done and everybody I've met on paper, I'd be able to turn it into a text book.

My four years at Cortland have been amazing and I wouldn't change one thing, except for the weather, and the pot holes on Otter Creek.

Cortland, thank you for the best four years of my life.

Others, enjoy and cherish the rest of your time as a Red Dragon.

## Put some Pep in your Dubstep

### Dubstep is a new genre of music that expands upon Techno

By Nick Larocca  
Staff Writer

Have you heard of this new genre of music labeled dubstep? It is a form of electronic dance music that originated in South East London.

Its sound has been described as everything from a dark version of techno music to robots having sex.

The earliest dubstep release date back to '98, which were more experimental tracks than anything else, like attempts to incorporate elements of drum and bass, which sound awesome.

At first I was a little skeptical as to what a dubstep DJ even does. If you look up videos of dubstep artists performing live, it doesn't look like they do a whole lot.

At first glance, it's easy to dismiss a dubstep DJ's art. However, after downloading various digital DJ software

programs off the internet, I soon realized there is more that goes into making a dubstep song than what initially meets the eye.

I am a huge fan of "real" music. You know, where there is an actual band on stage and the musicians make the music right there from instruments you can actually see.

However, I also enjoy rap where the beat is made prior to the performance and the artist is on stage singing.

Dubstep takes it a step further by taking out the vocals, so now you see artists like Pretty Lights on stage by themselves or maybe with a drummer and a laptop creating electronic beats that way.

Sonny Moore is my dubstep artist of choice right now. You may know him by his stage name Skrillex.

His songs usually start with a slower rhythmic tune with women singing, and then the beat drops, leaving the listener's mind completely blown.

Combined with sound bytes off YouTube videos, it shows the creativity and technical expertise

## Solid as a Rock

### Rock music makes its way back into the mainstream

By Eric Feuer  
Staff Writer

If the Grammy Awards taught us anything this year, it's that rock is back.

In the fight between rock, hip-hop and pop for music supremacy, rock won a hard fought battle when Arcade Fire won album of the year for "The Suburbs."

No one expected a rock band to take home the biggest prize of the night, just like no one expected Justin Bieber to lose the best new artist award. Sorry, Biebs.

Rock has had it tough the last few years. After the whole emo music phase, many people questioned if rock was dead.

How many eye liner bands singing about mean girls who broke their hearts could the world take? With rock losing its power, hip hop and pop quickly climbed the ranks.

Artists like T.I and Lil Wayne joined Eminem and Jay Z as some of rap's most entertaining performers.

Artists like Ke\$ha, Lady Gaga and Katy Perry brought catchy pop tunes back to the radio like never before. All the while, rock laid dormant, waiting for its moment.

Well that moment is now. Behind bands like Arcade Fire, Arctic Monkeys, Vampire Weekend, The Black Keys, and Kings of Leon, rock has come roaring back to life.

Not only can these bands play, but they can crank out the kinds of songs that keep them around for years to come.

Along with other rock luminaries like Pearl Jam, Green Day, Foo Fighters and The Red Hot Chili Peppers, the future of rock is once again bright.

Helping rock's cause is the current state of hip hop. I might be slightly biased, but more and more it seems every song is the same.

Rap artists seem more concerned about having the big club/party hit, rather than making a good rap song.

Artists like Jay Z and Eminem will stay around because they have the ability to make a good song and pair it with a great story.

But what about artists like Drake and Whiz Kalifa? How long can Drake rap about being cool and people underestimating him? Change it up, man.

Of course rap won't die, just like rock will never die, but every genre of music has its ups and downs.

In the mean time, I'm going to enjoy rock's revival and dust off the guitar sitting in my closet.

See DUBSTEP, page 5

## The Dragon Chronicle

138 YEARS OF TRADITION

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# Consider this, Cortland

Ric Elias sat in the front-row of Flight 1549 in January 2009 as the captain shut off the engines and crackled over the intercom, “brace for contact.” The pilot had lost the thrusting ability of both of the plane’s engines after flying through a flock of Canadian geese, which forced him to orchestrate an emergency landing into the Hudson River.

Elias recently appeared on TED.com to give a five-minute speech titled: three things I learned while my plane crashed.

Elias talks of the terror he saw on the flight attendant’s face as the pilot delivered those three cold words. He talks of being on a plane that went completely silent after the engines shut off. Then he mentions what went through his mind as he accelerated towards what he thought would be his death.

One of the messages Elias shares is the message of living every day as if it’s your last. “I no longer want to postpone anything in life,” Elias tells the audience. This might be what you expect to hear from someone who has had a near-death experience, and as clich   as the message was, Elias made it stick through the use of a poignant, philosophical saying

he created to describe his new outlook on life: “I collect bad wines.”

Elias goes on to say, “if the wine is ready and the person is there, I’m opening it.” This is a man with an admirable approach to life, and “I collect bad wines,” is one of my new favorite quotes.

Collecting bad wines means not holding onto a wine in hopes of making it “fine” through aging. If the company is there, the moment is right, and the wine an uncorking away from tying the scene together, grab the corkscrew and live life. In other words, don’t delay your life.

Our lives go as far as the decisions we make, the words we speak, and the moments we embrace, but unfortunately, it often takes a near-death experience for us to appreciate and understand these freedoms.

Why is it so hard to live every moment as if it is our last? Elias is a blessed individual because he saw his death, identified his regrets/flaws, and then lived to erase these regrets and change his life.

This man nearly died, and I envy his experience. I wish I was sitting next to Elias as the pilot broke the eerie silence

inside the free-falling plane with emotionless words that indicated probable death.

That brief time period between, “brace for contact,” and the impact of the plane against the January waters of the Hudson River, would have changed my life. I consider myself a nice person. I consider myself a Christian. I consider myself an existentialist (not in the way Camus was, but more in the way that Elias now is). I consider myself humble.

But I know I would be nicer, I would be a better Christian, I would appreciate life and live in the present moment like never before, and I would demonstrate humility in times previously reserved for my ego if I had been on that plane. Knowing that the person I want to become is a near-death experience away, frustrates me, and has me questioning human boundaries.

Why can’t I make these changes to my lifestyle right now? I have identified how to improve my character, yet I possess no ambition or urgency to make these changes.

I am quite the procrastinator, but is it normal for someone to procrastinate self-actualization

and personal growth? Apparently, yes. We have all been told to “live every day as if it is our last,” but we don’t. We complain about trivialities, we are selfish, we live life in the shadow of our egos, and we are generally uncompassionate.

Elias now lives a life absent of these poisonous vices; he has no time for superfluous complaints and unproductive rebellion. Elias’ message is a powerful and influential one, but it doesn’t compare to his experience.

Hearing this message from someone with a story as encouraging and provocative as Elias has helped me identify my flaws and regrets, but I still lack the motivation and courage to truly fix them. I’m sure it is impossible to live without regrets or flaws, and in no way do I strive to be a perfect person.

I just wonder why it takes a near-death experience to change someone.

If you were to be told right now, as you read this, that you were going to die in the next two minutes, what would you regret? What would you identify about yourself that you wish you could change? What is that one thing you always wanted to do but have

continuously delayed?

And, most importantly, if the next two minutes pass and you are still alive (I hope you are, and you should be), would you take the strides to eliminate your regrets, change yourself, and become proactive?

Maybe we can do this. Maybe we can change without having to collide with a river and swim through frigid waters to safety. Me, personally, starting today, I will collect bad wines.

I realize that life is just ritual and maintenance if we lack the ambition and fortitude to experience it fully. It hasn’t been two minutes yet, but your time is up. It might take a near-death experience to fully change who we are, but it only takes some courage to start the process.

Let’s all become collectors of bad wine.

*This column is intended to motivate participation and feedback from our readers. Please e-mail your responses in relation to this article to [dragon.chronicle@cortland.edu](mailto:dragon.chronicle@cortland.edu), addressed as a letter to the editor.*

-Matt Ianno

## 10 Commandments

**The top 10 things student’s must do while attending Cortland**

**By Melissa Kane**  
*Staff Writer*

With graduation right around the corner, and as every senior is freaking out about the rest of their lives, I took the time out to think of all the good times that Cortland has to provide.

Here is a top ten list of the things one should accomplish before graduating Cortland:

10. Attend a sporting event: at most schools this would seem average but basically every sports team at Cortland owns every other team in their conference and possibly in the nation.
9. Eat Pizza & More at 2 a.m.: it’s the place to be late night Thursday-Saturday (the hot dog stand is a close second).
8. Go to the library to “study”: most people just go there to socialize, so it’s a great place to make new friends or even find a hot date (or just stalk people on Facebook for hours).
7. Get a ride from Martin the Cab driver: he is reliable and has many fans so make sure you get to the top of his list.
6. Ride the Bull at Beer Goggles: they only bring the bull out once in a while so make sure you get on the bull at some point during your Cortland career

(when you wake up with bruises, at least you will know why).

5. Eat breakfast at Frank and Mary’s: it could possibly be the smallest and oldest diner around, but you can have the largest and tastiest meal for fewer than five bucks.
4. Dance on the pool table at Dark Horse: it is the best and most well-known bar in Cortland. Plus there is a strong possibility that they will have you on video and everyone in the place can see you on the TV.
3. Do a T-Shirt: no need for an explanation.
2. Attend Cortaca: it’s the “biggest little game in America” and although you may not remember any of it, it is still worth it.
1. Do everything and anything in your power to stay here as long as you can. Here are a few suggestions on how to make this a reality:
  - Fail a few classes (go with psychology because the 47 quizzes throughout the semester are a little much).
  - Then take as many one credit classes as possible (join the physical education major and this is a strong possibility).
  - Lastly, only take 12 credits every semester, and schedule your classes at the last minute so almost every one of them is filled up.

Good luck, and enjoy.

**The life of a Cortland house-party host is explained**

**By David Mindich**  
*Staff Writer*

Living off campus for the past two years, my housemates and I have been no strangers to hosting the occasional (weekly) party.

Being the natural observer that I am, I can’t help but notice some patterns in the behavior of many of Cortland’s eager party goers.

With the semester coming to an end, I fear that future students may not have anyone to clue them in on proper partying conduct in the years to come.

So I would like to take this space to compile a list of morals, or a code of ethics, if you will, that incoming students can use to guide them through a normal Cortland party.

- 1) Treatment of the house. As any current freshman and sophomore will tell you, kicking a hole through a wall is perhaps the highest form of gratitude you can show to your hosts.
- Nothing says “thanks for letting me hang out here,” more than busting up some dry wall. The bigger the hole, the better.
- All the good hole-kicking spots already taken? No problem. Feel free to expand on someone else’s handiwork. Pick two smaller holes and see if you can’t connect them. If you can make some sort crude drunken mess of a design out of it, you’re a champ.
- Always make sure to hide empties in there—hosts love the smell of stale beer in the morning.
- 2) Urination. The only thing a good host loves more than the smell of stale beer is old pee.
- Guys, this is where you can really get creative. What’s the strangest spot you can get your pee into? Your hosts will appreciate your ingenuity.
- See how close you can get to a bathroom without actually

peeing inside it. If there’s a nearby corner—that’s the spot to go.

If you find yourself outside, make sure to pee on all cars that are parked within a five foot radius of any type of shrubbery.

If you’re out of empties, pee in any and all holes you see within the house; the faint smell of piss that will eventually and eternally permeate the house leaves your hosts with nothing but fond memories all week long.

- 3) Vomiting. (See urination).
- 4) Host interaction. It’s very rare that you have to pay for a party in Cortland.

Most hosts love throwing down huge amounts of cash for nothing more than the simple joy of seeing you youngsters enjoy yourselves (and the occasional hole in the wall, but you already know that).

Always try to walk in like you own the place. Whenever someone at the door asks for your money, always act dumbfounded.

Then proceed to rattle off at least several excuses as to why you shouldn’t have to pay: you’re not drinking, you brought your own stuff, you know so-and-so, it’s your birthday, it’s your friend’s birthday, it’s national cat day (next time just save the five you spent on cat ears and whiskers for the party, maybe?)

If that doesn’t work, try to cut a deal. Hosts love to haggle—it’s the only reason we charge in the first place.

The stress that comes along with watching for cops, stopping fights (always start a fight by the way), trying to entertain two hundred drunken animals, and cleaning up after said animals is all the reward any host really needs.

Girls, never forget to shamelessly attempt to flirt with whoever is working the door to try to get in free. Become enraged when it doesn’t work and tell them you’re never coming back.

Always come back the following week.

- 5) Refunds. So, they managed to get you to pay the five-dollar cover charge.

Well fret not, for everyone

knows that that completely less-than-shady exchange enters you into a binding contract with the hosts that entitles you to the greatest time you’ve ever had and all the beer you can drink (and then some).

That’s what five bucks always get you at the bars, why should a house party be any different, right?

Should you find the house to be overcrowded or under-supplied, always make sure to demand your money back at the door.

Girls, never forget to shamelessly attempt to flirt with whoever is working the door to try to get your money back. Become enraged when it doesn’t work and tell them you’re never coming back.

Always come back the following week.

- 6) Property. This one’s pretty simple: if it’s not bolted down, it’s yours. From pots to posters, to black lights and thermostats (seriously guys, the thermostat?), if you can get it out of the house without any of the hosts noticing, take it.

Everyone knows that the five-dollar cover charge includes not only infinite beer, but whatever else you can carry out as well.

Hosts love playing “find what’s missing” the morning after.

- 7) Leaving. Don’t. When a host tells you that it’s time to leave, always be sure to acknowledge them, thank them for having you, and then go straight back to whatever you were doing beforehand. It’s only a test to see who’s actually cool enough to stay for the after party.

Never leave a party before someone yells “cops.”

Now I’m sure there’s more to this list than I’ve been able to get down here, but I haven’t been to a party other than my own for quite some time, and I want to keep this as empirical as possible, so I’ll stop here.

I’d just like to thank all you party goers for your weekly

## DUBSTEP

FROM PAGE 4

needed to create a dubstep song.

Everything, it seems, is becoming digitized, but it’s not a bad thing. I remember listening to DJ Mix Master Mike because I am a huge Beastie Boys fan. Events like Ultra Music Festival, Coachella, and Technoparade are all creating more buzz and recognition for this up-and-

coming genre of music.

Coachella has artists from all kinds of music, which helps to attract new fans and expose them to dubstep.

This past year at Coachella, Kanye West headlined the festival along with Afrojack and Skrillex.

Festivals such as Coachella are where Dubstep will continue grow. Electronic music is becoming the background beat for many of today’s top artists.

I’ve heard more of a techno beat in Lady Gaga, Britney Spears, and Jennifer Lopez songs.



# Ready or Not, Here We Come

Graduating seniors will enter a job market that isn't ready for them

By Brian Lupo  
Staff Writer

Are you graduating this semester? If you are, you're probably repeating the same line in your head as I am right now: nobody said it'd be easy. It's a fair assessment of the college and post-college experience that I share with my peers.

The truth is it's not easy. I don't think there's ever been a generation of college graduates whose future seems so unsure.

And although the excitement and anticipation of having a degree is still there, it comes with the price of knowing we may not have the opportunities that past generations have had.

This generation enters a job market that for the last several years has been struggling to recover from the worst economic crisis since the Depression.

As the national deficit grows, so does the student loan debt. On top of that, we will be forced to accept internships and jobs that pay less and promise less than they did five years ago.

If you are just as frightened as I am, there are a few things that are calming my nerves that might help you. We have to remember that this bleak situation is not our fault.

We did everything we were told to. We did well enough in high school to get accepted to college, and we did well enough in college to get a degree.

## Carp-enter the Waters

The warm weather means carp fishing is back in Central New York

By Sam Dutkowsky  
Staff Writer

Whenever people think of fishing for big fish, visions of fishing off a charter in the ocean usually come to mind.

For others, maybe it's catching a bulky salmon during their spawning season. Regardless of what it is, game fish are the ones that get all the credit.

If you were to ask me, there isn't any fish I would rather catch than the common carp for two main reasons.

First and foremost, there isn't any other fish in this area that will put up a fight like a carp will. Around here, carp are known as garbage fish, making them more of a hassle to some anglers, rather than a trophy.

Considering they aren't good to eat, hooking into a carp poses the question of whether or not to go through with the fight.

In my opinion, if you aren't willing to fight a carp you shouldn't be fishing in the first place. They range anywhere from 10 to 20 pounds, with some reaching 40-plus.

Given this information, it is quite apparent that getting a carp to the shore is going to be a task, and a fun one at that.

This brings me to my second

There will come a day where the hard work of our generation, during the worst of times, will be recognized.

Don't forget there is always a chance something special could happen. We grew up being told about the American dream, and how if you work hard, and are lucky enough, you could change the world.

And as each day passes and the American dream seems more and more like a fantasy, it's impossible to ignore the fact that in this day and age, with the technology we have at our hands, people are changing the world overnight.

Most importantly we have to remember there is always something out there. If you are graduating, chances are that you're between 20-22 years old.

There's got to be some talent or skill that you've acquired; even if it doesn't pertain to your degree, there may be good use for it somewhere.

I hope that in 20 years we can look back and say, "What were we so worried about?"

As hard as it is to be optimistic in times like this, optimism never hurts.

It's so easy to be cynical and pessimistic and worry day and night about our futures, but cynicism and pessimism don't lead to anything but apathy.

So, in a few weeks, when I'm in my cap and gown, I'll remember the same thing I've been thinking: nobody said it'd be easy.

reason: the memories that are formed from actually catching one.

The most opportune time that I've found to catch carp is in the summer as the sun is going down.

Normally we'll bait a hook with as many pieces of corn we can fit on it, attach a sinker and cast as far out as possible into the middle of a pond and just wait.

That's the part where being with friends becomes a must, because 95% of carp fishing is waiting for one to bite.

We'll set up our poles on "Y" sticks and sit in chairs around a fire hoping that somebody gets a chance at one.

The sheer excitement that is felt by an entire group when somebody's line starts to scream on their pole is worth every bug bite acquired while waiting.

Instantly, one person's carp becomes everybody's carp. Everybody at the scene plays a role in making sure the carp gets on land and that a picture is taken.

Nothing beats that first minute of hooking a carp in a group of friends.

The adrenaline and team atmosphere that mold out of nothing cannot be found in any other type of fishing—not even the most expensive charters.

The relationships that are formed through this activity and the stories that come from it, make it the most enjoyable fishing someone can experience in this area for hardly any money at all.

Cortland's spring sports continue to dominate SUNYAC's

By Melissa Kane  
Staff Writer

When you think of Cortland, what comes to mind. Is it the well-known education department, the extremely popular physical education major, or the top ranked athletic teams?

The athletic teams that are playing this spring have not only continued to be leaders in their individual sports, but have raised the bar as well.

Baseball, softball, and mens and women's lacrosse are all having outstanding seasons. All four of these teams are powerhouses in their own sport and have consistently worked hard to get there.

The Cortland baseball team has been successful for many years under the leadership of head coach Joe Brown.

For the past three years this team has not only won their SUNYAC Conference, but also continued on into the NCAA



photo by Kyle Garland

An overhead view of the Cortland Stadium Complex

tournament.

In 2008, the Red Dragons went all the way to the World Series, but fell short to a Wisconsin team, and the next year continued on to the regional tournament.

Last year the 2010 team dominated their season and placed second in the World Series. Since 2008, the baseball team has had an impressive nine players drafted and/or signed to professional baseball teams.

The 2011 team has a winning record of 25-6 and is leading their conference with a 13-1 record and is ranked #12th in the nation.

The Cortland Softball team has been a top-notch team in Division III for many years as well.

The baseball and softball teams seem to have a lot in common; they are both ranked 12th in the nation and have been to the World Series twice in the

past four years.

In both 2008 and 2009, softball went all the way to the World Series, and last year made it to the regional tournament.

This year is no different for these Red Dragons with an overall record of 27- 3 and a conference record of 12-0.

The men's lacrosse team here at Cortland is a program that is well-known, successful, and always a team to watch out for. In 2008, the team fell short in the final game of the NCAA tournament to Salisbury but came back in 2009 and won a National Championship in a hard fought battle to Gettysburg.

Last year, the team had a tough, one goal loss to Tufts at home at regionals. The nationally ranked #5 team in the country has an overall record of 11-2 and a conference record of 4-0.

The women's lacrosse team has also consistently been a top-ranked team in their division.

They have won their SUNYAC conference 12 years in a row but have not been able to make it past the second round of the NCAA tournament the past three years.

# Old School Dies Hard

Two of the greatest American's in cinema history

By Sam Dutkowsky  
Staff Writer

**Joseph "Blue" Pulaski**

Without a doubt, the most iconic old man of this decade is Joseph "Blue" Pulaski from the movie "Old School."

Blue, played by actor Patrick Cranshaw, proved his dedication to the fraternity he pledged by participating in every recruiting attempt that was put upon him despite his very old age.

Proving that nobody is perfect by forgetting the occasional ice cube in your lemonade, he would always make up for it with the additional pushups.

The most memorable moment of Blue's career sadly came during the first annual KY wrestling match in the basement of their frat house. With old age

and his new plastic hip working against him, Blue took on two women in a match where not one punch was thrown.

Overcome with old age and adrenaline, Blue sadly collapsed to his death before the fight even began. Even though his time in the fraternity was shortened, his legacy would prove to live on forever.

When I get older and I'm faced with adversity, I'll think of him and will be able to push through it; because of that, you're my boy Blue.

**John McClane**

To close out my short lived "Great Americans" column for the year, I'd like to take the time to recognize John McClane. Bruce Willis played this icon in the movie "Die Hard," and it would set the precedent for all action movies to come.

Within the first twenty minutes of McClane's appearance, he finds himself trapped in a high rise that is under construction with a herd of terrorists searching for him.

Instead of giving himself up, McClane uses his NYPD skills to acquire a machine gun and make sure he gets both him and his wife out unharmed.

Not only does McClane take down an onslaught of terrorists with their own weapons, but he manages to do the entire thing barefooted.

The toughness displayed in the scenes where he runs across the glass barefoot and bungee jumps off the side of the building using a fire hose put McClane on an entirely different level than any other action hero.

He single-handedly saved the hostages of the Nakatomi plaza with nothing but some dumb luck and American toughness.

It goes as far to say that whenever I get in a disagreement with my friend and dad over which movie character is tougher; 10 out of 10 times it's always settled unanimously with the words "...well, neither of them could touch McClane in a fight."

## Quote of the Week:

"Sunday was a day for the birds."

-Scott Rapp

## PARTY GUIDE

FROM PAGE 5

patronage. Thanks to you, everyone in our house has been able to quit their jobs.

Also, in all seriousness, please stop putting holes in the walls--it's an old house--there's a very good chance it's going to fall over soon.

Thanks in advance.





Interested in writing TV, music, movie, concert, restaurant, book reviews and more? Write for the Lifestyles section! For more information, e-mail [dragonchronicle@cortland.edu](mailto:dragonchronicle@cortland.edu).

## Marsha Ambrosius’ “Late Nights and Early Mornings”

**Marsha Ambrosius’ talent and appealing melodies set her apart**

**By Tiffany Lewars**  
*Lifestyles Editor*

### REVIEW

As we progress into a technological society where everything seems to come easier than it did before, we often see the effects of this lackadaisical era trickling down into great music. Artists with little to no talent find themselves at the top of the charts, covering major magazines like *Rolling Stone*, and outselling artists with actual talent. I have to admit, I was beginning to lose faith in the future of music, but after listening to Marsha Ambrosius’s debut solo album “Late Nights & Early Mornings,” I remain a believer.

Marsha Ambrosius is the former singer of the rap/singing duo Floetry. Originally from England, Ambrosius has successfully infected the U.S. with her sultry

and simply flawless vocals. I was a huge fan of Ambrosius when she was a part of Floetry, but I always thought that she would be a major force in music if she were a solo artist; and I am now convinced that my prediction was dead on.

“Late Nights & Early Mornings” is a compilation of everything Ambrosius embodies: it’s seductive, vocally immeasurable, relatable, genuine, and purely great music. The album’s first single “Hope She Cheats On You (With A Basketball Player)” peaked at number twenty-two on the U.S. Billboard Hot R&B/Hip-Hop Songs chart; the song appeals to any woman who has been dumped by a boyfriend for another girl. The majority of the songs on the album were produced and written by Ambrosius with contributions from other artists and producers such as Just Blaze, Lauryn Hill, and Alicia Keys.

The album features a remake of British band Portishead’s song “Sour Times,” which Ambrosius beautifully and successfully covers. Each song touches a part of

the listener. There’s a song to appeal to every emotion, from sadness, to bitterness, to unconditional love and ecstasy. Ambrosius proves to be one of those rare artists who can vocalize real lyrics in a way that anyone listening has no choice but to nod in agreement.

The second single to be released from the album was “Far Away,” which was produced by Just Blaze, written by Ambrosius and co-written by Sterling Simms. The song was written as a tribute to a friend of Ambrosius who committed suicide because he was bullied for his sexuality. Ambrosius manages to send a social message through this song without it sounding like another awareness record.

Songs such as “With You,” “Lose Myself,” and “Your Hands” bring out the pure love and seduction of the album, solidifying the raw emotion Ambrosius is so good at vocalizing. Some of the other songs on the album such as “Tears,” “Chasing Clouds,” and “The Break Up Song” reveal the somber side of the record.



photo provided by dyfuse.com

### Ambrosius proves her artistry with “Late Nights & Early Mornings”

“Late Nights & Early Mornings” is definitely one of the best albums of this year and in my opinion, the best R&B album this year thus far. It is everything that the genre of R&B should be composed of. It provokes emotion, penetrates the deepest parts of the

mind, and reminds us of what real music actually is.

Do yourself a favor and make it a late night by listening to this album; I promise you won’t regret it in the morning.

## Double-Feature of “Oedipus”

**Cortland proudly presents an original spin on Sophocles’ Greek drama**

**By The Performing Arts Department**

**WHAT:** Oedipus Back-to-Back

Presented by the SUNY Cortland Performing Arts Department

The first half of the program is the classic Greek tragedy, “Oedipus the King,” which is followed by a farce, “Cocoanut Soup At The Palace, or If The Marx Brothers Had Performed Oedipus the King.”

**WHERE:** Lab Theatre at the Dowd Fine Arts Center on the SUNY Cortland campus

**WHEN:** Thursday - Saturday, May 5, 6, 7 at 8:00 PM  
Sunday, May 8 at 2:00 PM

**TICKETS:** Available only at the door -- \$12 for general public; \$5 for all students; and \$10 for senior citizens and SUNY staff

**DESCRIPTION:** “Oedipus Back-to-Back” consists of Sophocles’ classic drama “Oedipus the King” and the zany Marx Brothers farce “Cocoanut Soup at the Palace,” which retells the famous story of Oedipus as only the clownish brothers can. The unusual double-bill will allow audiences to experience two wildly different theatre pieces.

Sophocles’ “Oedipus the King” will be presented in a new prose adaptation by Thomas Hischak, who also directs. Called the world’s first detective story, the Greek play is about the proud-willed Oedipus (Ricky Wenthon) who sets out to find the murderer of the old king, not realizing that he himself is the culprit. As he hunts down the truth, Oedipus discovers his own ghastly past and how fate has doomed his wife, Jocasta (Samantha Rey), and his whole family.

“Cocoanut Soup at the Palace,” subtitled “If the Marx Brothers Had Performed Oedipus the King,” is a comedy by Hischak

that was first produced at SUNY Cortland in the summer of 1996, was subsequently published, and has been presented in theatres across the country since then.

Marx Brothers retell the Oedipus legend in their own madcap manner, with Groucho (Charles O’Connor) playing a wise-cracking king. The Italian-accented Chico (Andrew Kohn) and the si-

lent clown Harpo (Mike Meaney) join him as they harass the matronly Margaret Dumont (Annali Fuchs) and everyone else in the kingdom.

Both plays are directed by Thomas Hischak with scenic design by Howard Lindh, lights by Derek Mellor and Joel Pape, and costumes by Joey Gugliemelli and Katie Quigley.

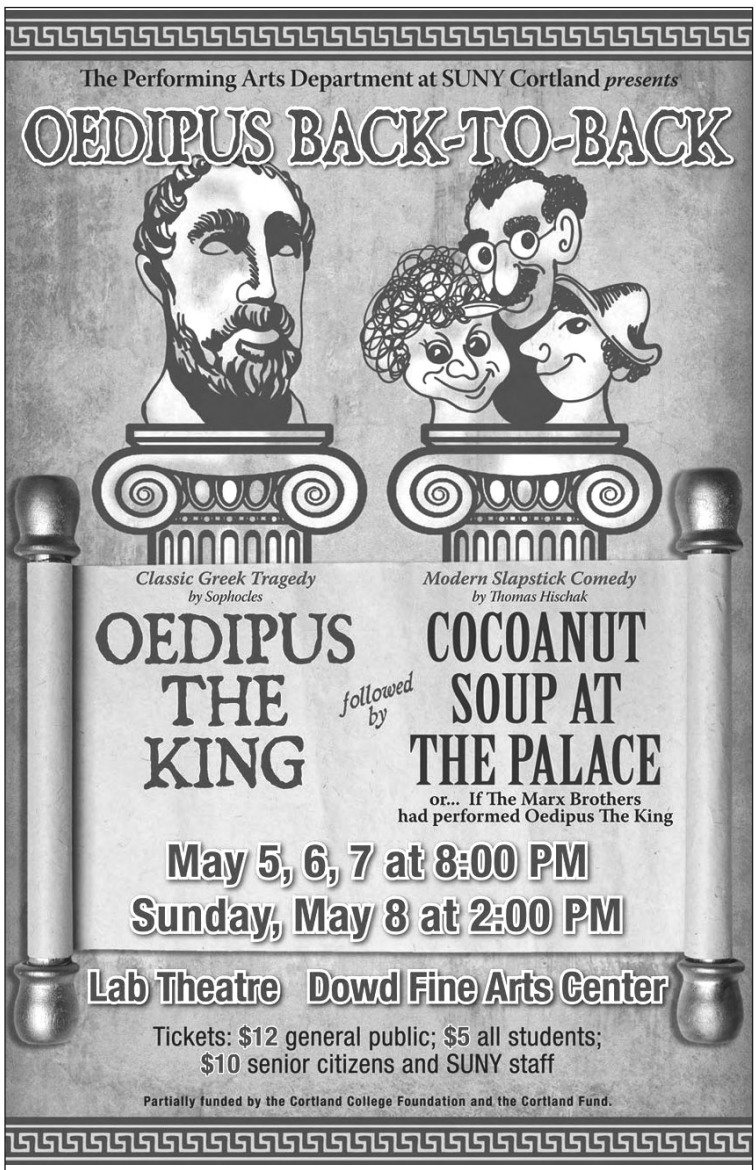


photo provided by Performing Arts Department

**Back to back presentations of ‘Oedipus’ will be performed this May**

## Musical Influences

**By Steve Hernandez**  
*Staff Writer*

**Older bands provide stepping stones for the future sounds of music**

Influence is the driving force behind the existence and continuation of music. Every generation has artists that are inspiring, and the next class of musicians is no different.

Now, I have a limited perception of something so broad as an entire generation’s musical influences, because I can listen to only so much music. Out of the music that I have heard however, there are artists that stand out as having potential to influence the next generation of musicians, provided that they reach large enough audiences.

**Brand New:** A band for 10 years, they have no doubt influenced musicians already. If parents of this next generation want to inspire their children to perform music, they’d be smart to play for them “Your Favorite Weapon”, Brand New’s first album which has served as the anthem for countless high school students. Just as Your Favorite Weapon did for me, I have no doubt that it will make any teenager want to take up guitars and scream their hearts out.

**Dance Gavin Dance:** They’ve only been around since 2006, but that has been plenty of time for the rest of the “post-hardcore” scene to realize that DGD’s songwriting and creativity is influential. Their albums Dance Gavin Dance and Happiness are blueprints for anyone aspiring to be in a similar band. There isn’t a note in any of their songs that DGD leaves untouched, and it is that kind of practice that will make fu-

ture bands push the envelopes of song writing.

**Of Montreal:** If there is one thing that Of Montreal can teach aspiring musicians, it’s to do whatever you want and not worry about what people are going to think of you. OM hasn’t wasted any time writing songs about real life experiences. Sex, death, love, and divorce are just a few of the topics that they have covered in their 14 years as a band. They have also changed their style on each successive release, thus broadening their potential to influence completely different types of musicians in the future.

**Glassjaw:** Active since 1993, the band has only released two full-length albums, two full-length albums that were enough to make them an influential and driving force behind the progression of the underground music scene. Glassjaw’s music is completely devoid of generic breakdowns.

Released in 2000, their first album “Everything You Ever Wanted To Know About Silence” has long been considered a milestone in “post-hardcore,” and shows no signs of ever obtaining status as otherwise. Based on EYEWTAKAS alone, Glassjaw has likely influenced countless musicians already, and despite the album’s age, that trend will only continue so long as kids keep picking it up.

These are only four bands, but believe me when I tell you that the number of bands today that will influence future musicians spans far beyond four. If these bands continue to innovate and reach people, there is no doubt in my mind that they will be named dropped in future interviews with musicians that are sighting their greatest influences.

**Got a hot news tip?  
Let us know!**

[dragonchronicle@cortland.edu](mailto:dragonchronicle@cortland.edu)



# Trendy Summer Fashions

**How to spice up your summer wardrobe with patterns, textures, and color**

**By: Jessica Downer**  
Copy Editor

With April in full swing and summer right around the corner, warm spring and summer fashions are on every girl's mind.

Though every season provides many fashion trends that appeal to many different people, here are my top picks for fashion this summer.

1) Stripes-Stripes are back, people! The nautical trend of navy-and-white bold stripes will be sure to be seen in dresses and blouses. But, don't be surprised if you see striped skirts, hats, blazers and other accessories. Though stripes are seen in many colors, work the look in navy blue and white or black and white. Stripes are the perfect look for a day on the beach, a night on the town, or working it on the deck of a navy cruiser at fleet week.

2) Rompers and jumpsuits: Though this style goes in and out of style through the seasons, they are definitely in for this summer. Every store is selling them and you can buy them for less. This summer, 70's inspired rompers are what the it girls are wearing. Because of its versatility in fabrics and styles, they can be worn anywhere from a camp job, to a night outing by the ocean. Floral seems to be the popular

style, but there are many different ones depending. Expect to see high neck, V-lined, tube top, and many other rompers with different pant lengths. Accessorize them with big belts, platform sandals, and Ray Ban sunglasses.

3) The Biker Trend: Wanna look tough this summer? Well, you're in luck, because the biker fashion trend is in this summer. When you think of this trend, you think of lots of leather. Then you might think, "why would I wear heavy, hot leather in the summer time?" It's not about an overkill of leather, just enough to compliment an outfit. You could make the leather from a motorcycle jacket, leather pants, or leather motorcycle boots work with any summer piece. A motorcycle jacket looks great with a mini dress or skirt, preferably in neu-

tral colors and floral. Wear leather pants (or liquid leggings/ metallic leggings if you prefer something a little lighter) with a flowy light top. The Biker trend can add a little toughness to a girly outfit.

4) Wide Leg Pants: I think this trend is the epitome of 70's inspired fashion. They are a great addition to any wardrobe and look good with virtually anything. They come in trouser or denim. They look best with heels to make your legs look longer. It might be harder to pull off if you're shorter or have shorter legs.

These are just a few of the trends that I like for the summer. You can research more styles that appeal to your fashion needs or if you want to try something new. There are also many ways you can combine some of my suggestions to make a look that works for you.



photo provided by collegefashion.net

**Hollywood's favorite celebs use rompers to dress up and down**

## "Carmina Burana" at Cortland

**Choral Union to perform Carl Off's scenic cantata**

**By The Performing Arts Department**

SUNY Cortland's Choral Union will perform Carl Orff's "Carmina Burana" on Tuesday, May 10 at 8 p.m. in the Dowd Fine Arts Theater on the SUNY Cortland Campus. Dr. Stephen B. Wilson will conduct the chorus, three soloists, two pianos, and six percussionists in this remarkable work, which was written in Germany in the mid-1930s. Tickets will be sold only at the door at \$5 for adults and \$3 for students. A translation of the lyrics will be available.

Using 25 medieval poems, Orff's composition draws listeners into the rich, dramatic, and kaleidoscopic world of "Carmina Burana." The piece begins and ends with "Fortune, Empress of the World," effectively encircling

four medial sections that tell stories ranging from tender to lusty, to astonishingly unexpected.

This is the second time this fascinating work is being conducted by Stephen B. Wilson with the Choral Union. In addition to leading this chorus, he directs the College singers and teaches music theory. Wilson joined the SUNY Cortland faculty in 1985 and received the Chancellor's Award for Excellence in Teaching in 1992.

While Soprano Karen Dumont often performs in operettas, musical theater productions, and with the Cayuga Vocal Ensemble, this will be her first performance of "Carmina Burana." In addition to her profession in music, Dumont is a veterinarian and the mother of three young boys.

Tenor Gary Mouldsdales first performed Orff's masterpiece as a college student chorus member in Toronto, Canada. He is currently a doctoral candidate in musicology at Cornell and member of the voice faculty at SUNY Cortland.

Mouldsdales is an active soloist, performer and music director in Central New York operettas and musical theater.

This will be the fourth performance of "Carmina Burana" for Baritone Steven Stull, who sings a wide range of musical repertory throughout Central New York and much of the nation. He is a recording artist, recitalist and a collaborator in modern dance. Stull co-founded the CRS Barn Studio with choreographer Jeanne Goddard in 1990.

Alan Giambattista and William Cowdery will be playing two pianos in the performance. Giambattista, the current pianist for the Choral Union and the Ithaca Community Chorus, appears regularly throughout Central New York and also teaches physics at Cornell. Cowdery is an adjunct instructor at Cornell University and the Music Director and Organist of the First Congregational Church in Ithaca. He is well-known throughout Central New York as a performer and musicologist.

Area musicians Lois Pfister, Maria Mucaria, Jonathan Walsh, David Alexander, Lynne Curtis, and timpanist Anthony Di Bartolo will provide the dynamic percussion required in Orff's cantata.

The membership of Choral Union is made up of SUNY Cortland students, faculty, staff, and many experienced singers from the greater Cortland community. Since its creation nearly fifty years ago, the chorus has performed new works as well as great masterworks of the standard choral repertoire. Past acclaimed concerts include the 2010 performance of Bach's "St. Matthew Passion," with three choruses, a double orchestra, and six soloists.



photo provided by cortlandchoral.com

**Members of Choral Union prepare for their upcoming performance**

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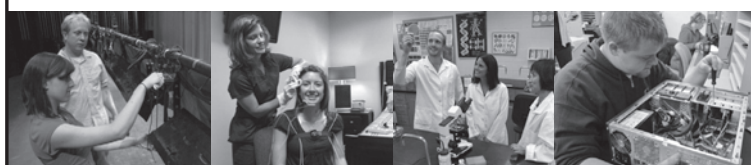
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# Cortland Takes Regular Season Crown

## Red Dragons sweep Oneonta; will host conference tournament

By Mark Nader  
Staff Writer

Either the SUNYAC teams like to visit Wallace Field when the conference tournament rolls around, or the Red Dragons continue to dominate the rest of the conference. Well, maybe the teams do like Cortland, but the Red Dragons, hands down, have had another great run in the SUNYAC. A weekend sweep of rival SUNY Oneonta clinched the regular season crown for Cortland, who will host the conference tournament for the 15th straight year.

Game one started rough for SUNY Oneonta. Starting pitcher Joshua Herzenberg suffered an arm injury on a wild pitch and had to leave the game after only recording one out. Herzenberg was replaced by Zachary Levanduski who Cortland would hit hard. Cortland got on the board first in the first inning with a John Adornetto single that scored Zach Graczyk. It would get worse for Levanduski in the second as he allowed four singles, two walks and hit two batters in Cortland's four-run second inning, giving the home team an early 5-0 lead. For Cortland, Aaron Schuldt improved his record to 5-1 as he scattered nine hits and struck out seven. He also induced three double play balls. Up 5-0 in the



photo provided by cortlandreddragons.com

### Outfielder Adam Smith finished 4-4 with a walk against Oneonta

sixth, Schuldt got into trouble allowing two hits and two walks, which turned into three runs for Oneonta as they were able to cut the deficit to two. Both teams added a run each in the seventh inning to move the score to a

6-4 Cortland lead. Junior Pete Lompado came in the eighth and got one out before pitching the ninth. In the top of the ninth after recording the first out, Kevin Knack reached on a Matt June error which was followed by a

pop out and a two out hit by Mike DeCarr. With runners on first and second, Lompado worked out of the jam getting Eric Wells to ground out to first basemen Nick Thode, who made an impressive backhanded stop and toss to Lompado for the final out of the game. Lompado received his first save of the season.

In the seven inning game two, Travis Ratliff made quick work of SUNY Oneonta. A 3-1 victory that only took 1:30 to play. Ratliff went the distance allowing three hits, three walks and recorded six punch outs. Cortland struck first with a sacrifice fly from June that scored Matt Wild who began the inning with a double and was moved to third by a Brian Mistretta sacrifice bunt. The nationally-ranked 12th Red Dragons added two more in the fifth. Justin Fredenburg led off the inning with a double down the left field line and Mistretta was able to put down another successful sacrifice bunt that moved Fredenburg to third. June then grounded out for the second out of the inning, which was followed by Graczyk being hit by a pitch. Thode and Adornetto then hit back-to-back RBI singles to give Cortland a 3-0 lead. Adornetto finished the game 2-for-2.

Saturday's game was one for the ages. Down 5-1, Oneonta gave Cortland all they could handle scoring two runs in the seventh and three in the eighth. Nate Jones and Knack both had

RBI singles in the seventh and Mike Mascari hit a pinch-hit three run blast in the eighth to give the visitors a 6-5 lead. That lead would be maintained going into the bottom of the ninth when Cortland battled back to extend the game into extras. In the bottom of the ninth, Tim Panetta scored pinch-runner James Quinn with a single through the left side to tie the game up and send the game into extra innings. Oneonta had chances in the 11th with Mascari and Sean Fruscio both having singles, but both men were stranded. Cortland would finally send the crowd happy in the 12th. With one out, Panetta doubled to left field and June followed with a walk which gave way for Graczyk. The lefty batter lined a single into left field scoring Panetta and giving Cortland a 7-6 win. "The weekend was intense especially after the first game but everyone knew what we had to do," said Tom Nagy who earned the victory with 3 1/3 innings of scoreless relief.

With the regular season title wrapped up, Cortland visits SUNY New Paltz for their three finals conference games of the season before getting ready for the conference tournament, which will run May 6-8. The Red Dragons will be ready to go when that time comes. Nagy says the team is very confident and moving forward: "We've been hot, and we've been coming up big in big situations."

# Track and Field Recap

## A look at the highlights from the Cortland Classic Invitational

By Tony Nguyen  
Staff Writer

On the women's side, Freshman Sarah Bonnell won three events this weekend, she won the 100-meter dash in 12.65 seconds and the 200-meter dash in 25.82 seconds. She also captured the long jump with a leap of 5.48 meters (17' 11.75"). All of these results qualify her for ECAC's.

Kristen Serikstad won the high jump with a height of 1.65 meters (5' 5"), this was a NCAA provisional qualifier. Freshman Cait Reilly won the 400-meter dash with a ECAC-qualifying time of 59.55 seconds.

The Cortland woman's 4x100 relay finished first in 50.18 seconds. On this relay was Brittani Sahm, Jenna Everts, Veronica Montrose, and Sarah Bonnell. Also the woman's 4x400 meter relay also got first with a time of 4:00.52 seconds. This relay had Liz Henry, Val Basciano, Veronica Montrose, and Jenna Everts. The

team also placed 2nd as well with Trisha Clark, Lex Grable, Reilly and Abby Veen.

In the 200 meter dash Cortland claimed top 8 out of 27 sprinters. Bonnell was first then came Everts, Veen, Montrose, Clark, Reilly, Jackie Hoffman, and Grable. Jordyn Naylon finished 2nd out of 21 in the 1,500 meter run with a time of 4:46, which was a ECAC qualifying performance. Also with Quailty performances was Jess Andrainos in discus with 36.73 meters (120'-6") taking 2nd place, Dayna Eikeseth 3rd in 5,000 meters with a time of 18:41, and Emily Cotey 4th also in the 5,00 meters with a time of 18:42.

Kelly Hugo placed 2nd in the pole vault jumping 3.10 meters (10'2"). Sahm also in 2nd in the 100-meter dash with a time of 13.40.

Chelsea Lachman took 3rd in the shot throwing 10.65 meters (34'11.25"), 5th in the discus 33.57 meters (110'2"), 8th in the javelin throw 24.86 meters (81'7"), and 8th in the hammer throw 34.81 meters (114' 2"). Ashely Gansle took 4th in the shot with 10.60 meters (34'9.5") and 6th in javelin with 27.69

meters (90'10").

Zac Karpinski won two sprint events both times qualify for ECAC's. He took 1st in the 100 meter dash with a time of 10.89 and 1st in the 200 in 22.16. Gino Bisceglia won the 400 meter dash in 49.12 and took 2nd in the 200 with 22.19, both these performance are also ECAC qualifying times.

The men's relay team also took 1st in the 4x100 with a time of 43.97 with Tim Scheftic, Andre Venner, Dan McManus, and Karpinski. They also took 1st in the 4x400 meter relay with 3:17.84, in this was Eric Banks, Zac Farmham-Haskell, Phill Wiltshire, and Bisceglia.

Josh Daves also took 1st in the long jump of 6.61 meters (21'8.25). Also Justin Torres takes 1st in the shot put with 14.25 meters (46'9") qualifying him for ECAC's. He also took 3rd in discus and 6th in the hammer throw.

In the pole vault Ken Bucaro took 2nd with 4.25 meters (13'11.25") and Schuyler field took 3rd with the same height. Jacob Schwartz and Tom Calandra both jumping 4.10 meters (13'5.25") taking 4th and 5th. Tony Nguyen tied for 8th jumping 3.95 meters (12'11.5").

Will Razzano took 2nd in the triple jump with 13.48 meters (44'2.75") and took 3rd in the long jump with 6.53 meters (21'5.25"). P.J. Flynn took 3rd in triple jump with 13.28 meters (43'7").

In the 3,000 meter steeplechase Joe Blazey took 3rd with a time of 9:59.41. Cody Amengual took 3rd in the 800 meters out of 45 runners with a time of 1:58.51. Also Banks took 2nd in the 400 meter with a time of 50.24 and 3rd in the 200 meter dash in 22.37.

In the decathlon, a 2 day event with 10 different events to do, Robert Brower took 2nd with 5,915 points and Bryan Rossi took 4th with 3,982 points.



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# Player Profile: Sarah Bonnell

## Women’s Track and Field Freshman races towards early success

By Brittani Sahn  
Staff Writer

Track and field athlete Sarah Bonnell has already made a name for herself by proving she can play with the big dogs of college athletics.

In Bonnell’s first season on the Cortland track and field team, she qualified and raced at the national indoor meet as the youngest woman in the 55 meter dash. “I was really intimidated by the other competitors because I knew they were more experienced and had probably been to the meet before,” said Bonnell about her thoughts at Nationals.

Not only did Bonnell compete next to the best Division III women athletes in the country, she beat some of them as well. Coming into the meet Bonnell was seeded in 13th place, but she finished in the 12th position overall out of 14 runners that day. “My main goal going to the meet was to do better than where I was seeded, and I did do that.”

How and when exactly did Bonnell decide to become a sprinter? “Freshman year of high school the coach called my mom and told her I should be on the track team. At the time, track wasn’t something I was interested in. I really started because my mom told me I had



photo provided by Sarah Bonnell

**Sarah Bonnell won three events at last weekend’s Cortland Classic**  
to,” said Bonnell laughing.

Beginning as early as middle school, Bonnell’s performances were above the rest. The high school coach called her mother that day because of time trials taken in P.E. class while in middle school. Even though Bonnell had to be persuaded to join the track team, she still chose to continue with track up to the college level, landing at SUNY Cortland.

“I got a lot more interest from coaches in track than I did in other sports,” Bonnell said. “Track seemed to be the sport I could be most successful at.” All through high school, Bonnell was a three-season athlete participating in soccer in the fall, basketball in the winter, and then track in the spring. Her high school unfortunately did not offer indoor track as a winter sport, but she

still was able to progress as a track athlete.

For most high school athletes, coming from high school to college is a challenge because of the vast differences in competition, coaches, new teammates, and the infamous school work load. Bonnell appears to be transitioning well considering her performances on and off the track. Making both Nationals and the Dean’s List during her first year as a Cortland athlete is a great start.

Besides all of the pressures of college, Bonnell actually “likes college a lot more because of the difference from high school.” She especially likes the improvements on the track. “I like training for my specific event. I feel like I’m progressing more from the different workouts,” said Bonnell.

In high school, Bonnell ran the same workouts as teammates in longer events like the 400-meter dash. Every event requires a different kind of training because they are essentially a different event. “I just wasn’t getting any better by doing those kinds of workouts,” Bonnell said.

Staying healthy, listening to coaches, and always trying her best on the track are some of the qualities that will help Bonnell reach her goals in the sport of track and field. With that, it is fair to say an All-American is in the making for Cortland’s track and field team.

## LACROSSE

FROM PAGE 12

a 9-3 game. Joyce, who scored all five goals in the second half for Union, tallied two in a row less than three minutes apart to bring the Dutchwomen within 9-5 at the 19:27 mark.

After Abbott and Joyce traded goals, Egeberg scored a goal at 16:19, and Cook at 6:08, and the Red Dragons led 12-6. Union made one last run as Joyce scored back-to-back goals to cut the lead to 12-8 with 2:38 remaining in the game, but Abbott scored her fifth of the game at 2:03 and recorded her record-breaking assist with 49 seconds on Cook’s fifth goal of the game.

On Tuesday, the Red Dragons raced out to a 12-1 lead at the half and went on to defeat Potsdam, 17-7 in SUNYAC play. Ten different players scored goals as Cortland improved to a record of 14-1, 7-0 in conference play. Two freshmen had career days for the Red Dragons with Egeberg scoring a game-high four goals and Taylor Reh adding another three. Liz Beville recorded two goals and one assist, while Kollar scored twice. Abbott registered a game-high five points with one goal and for assists, and Di Fato had a goal and three assists.

Cook contributed with one goal and two assists, Miller picked up a goal, and sophomore Mary Hartzheim and Taylor Robinson each scored a goal. Levy made two saves in the first half before giving way to sophomore Shauna Hutchinson, who stopped three shots in the second half.

Cortland scored the first 11 goals of the game three from Egeberg and two each by Beville and Kollar to take command in the opening half. Potsdam broke the scoring streak at 8:16 on a goal from Carly Richards, but Cook then scored with 1:58 left in the half and the Red Dragons led, 12-1. Di Fato and Egeberg made it a 14-1 game before Lisa Seidel and Whitney Boshart scored for Potsdam just two minutes apart and Cortland led 14-3. Reh pushed the lead to 16-3 with back-to-back goals, but the Bears followed with a four-goal run to make it 16-7 with 1:04 remaining in the game. Reh finished the scoring with her third goal of the game at 38 seconds for the final of 17-7.

With these three wins, the Red Dragons improved to a record of 14-1 overall, 6-0 in SUNYAC play. Their next game will once again be at home against Geneseo on Tuesday at 4 p.m.

# MLB Off To A Good Start

## A review of the first month of the MLB season.

By Chris Ouellette  
Staff Writer

As the first month of the Major League Baseball season comes to a close, it’s time to take a look back and talk about the surprises of the teams so far.

The first big surprise of the season is the poor display of the Boston Red Sox and one of their newest star players. The Red Sox, who were predicted even before the season started to be the team to beat as well as the team to win the World Series, started out the season having trouble living up to the expectations. Out of their first ten games of the season, the Red Sox only won two of them, both coming from the first series of the season against the New York Yankees. And both their offense and pitching staff were struggling. As for their newest star player, Carl Crawford, let’s just say he’s not a force to be reckoned with. As of Saturday, April 23, Crawford has 12 hits in 78 at-bats, with only four RBIs, and has struck out 14

times. However, after their series against the Tampa Bay Rays, who swept the Sox, we began to see a turn-around for the Red Sox. In the next ten games, the Sox won eight of them, including a series sweep of the Los Angeles Angels. Their offense is slowly improving, but their pitching staff has improved in a phenomenal rate. Their next series will be against the Baltimore Orioles in Baltimore.

A team that is not a surprise is the New York Yankees. As always, they are currently in first place right now for the American League East, coming off a two-game sweep of the Baltimore Orioles, who were the previous first place team. Both the offense and the pitching staff are strong right now, and it looks like it will stay like that for the rest of the season.

Another surprise team right now is the Cleveland Indians, who are currently in first place in the American League Central. The team, who is normally in third or fourth and has trouble making the playoffs, appears to have taken the role as the team to beat this season. As of April 23, they have a record of 13 and 7, and at

one point went on a seven-game winning streak. In my opinion, if the Indians are able to stay strong throughout the season and do well in the playoffs -- if they make it -- they may finally be able to give the city of Cleveland the championship trophy that they have been waiting so long for.

As for the National League, there are two things right now that have caught my attention. One of these things is the race for first place right now in the National League Central. Normally, the St. Louis Cardinals dominate the National League Central; however, as of Saturday, both the Cardinals and the Cincinnati Reds are fighting for first place, and both the Chicago Cubs and the Milwaukee Brewers are both tied for second and are only half a game behind the Reds and Cardinals. As of right now, it looks like it’s going to be a very tight race for first in the Central division this season, and you can never know who will come out on top.

Another thing that is surprising is how well the Colorado Rockies are doing right now. They are currently in first place of their division and have

won fourteen of their first twenty games. Right now, they are looking like the team from 2007 and could possibly make another playoff run. And if things work out, they could make another run to the World Series and, who knows, maybe even win it.

So far in the 2011 season, there are a lot of strong teams and it’s hard to even think of what the matchup could be for the World Series and who would win it. So, as the season progresses, pay attention to these teams and see if they continue to be the teams to beat or if they begin to slump. And if your team isn’t doing so well right now, don’t worry; it all comes down to how well they are near the end of the season.



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## Red Dragons Remain Perfect in SUNYAC

**Women's LAX defeats  
Potsdam,  
Union, and Fredonia**

**By Chris Ouellette**  
*Staff Writer*

On Saturday, freshman Ashley Cook scored five goals in the first half and junior Lindsay Abbott recorded a game-high eight points on three goals and five assists to lead the nationally fourth-ranked Cortland women's lacrosse team to a win over Fredonia State, 15-2, in SUNYAC action.

Sophomore Maria Di Fato recorded three goals and two assists for the Red Dragons, while junior Jordan Miller scored twice and sophomore Gina Campese had one goal and one assist. Senior Antonia Cianfrocco scored her first career goal and sophomore Mary Hartzheim and Cook chipped in with one assist apiece. Sophomore Ally Levy started in goal and made five saves in 50 minutes, 38 seconds before giving way to sophomore Shauna Hutchinson, who stopped two shots at 9:22.

The Red Dragons grabbed an early 4-0 lead 5:31 into the opening half, with Cook scoring three times and Abbott netting a goal. Cortland then extended their lead to 8-0 at the 8:51 mark as Di Fato and Abbott scored goals 60 seconds apart and Cook scored her fourth and fifth goal. Courtney Ciaschi ended the scoring run with a goal for Fredonia at 7:08, and Cortland took an 8-1 lead into the half.

Cortland put the game away with a 6-0 run in the second half



Antonia Cianfrocco (left) scored her first career goal and Lindsay Abbott (right) tallied eight points to get a 14-1 lead at the 9:54 mark. Di Fato scored twice during the run and Cianfrocco scored her first career goal at 11:35. Marissa Cussins scored Fredonia's second goal at 2:29, and Miller finished the scoring with 12 seconds remaining.

Lindsay Abbott scored a career-high 10 points on five goals and five assists, setting a single-season assist record at Cortland, to help lead the Red Dragons to a 14-8 win versus Union in non-conference play on Thursday. Abbott pushed her season total for 43 assists and also became the sixth player in school history to

reach 250 career points.

Cook also recorded career highs with five goals and six points for Cortland. Erin Kollar, Miller, Di Fato, and Alexis Egeberg each scored one goal. Levy made eight saves.

Abbott and Di Fato started the scoring with unassisted goals at 24:12 and 22:57, respectively. Union answered right back with scores from Brittany Fraser and Kristin Joyce to tie the game 2-2 with 20:46 left in the first half. Cook and Miller made it a 4-2 game in favor of the Red Dragons, and then Abby Stohler cut the lead to 4-3 at the 11:46 mark. Just



photos provided by cortlandreddragons.com

five minutes later, Di Fato was thrown out for the remainder of the game after she received her second yellow card of the half. After that, neither team scored in the closing minutes and Cortland held the 4-3 lead into the half.

Cortland grabbed the momentum to start the second half as Cook scored 28 seconds in and Kollar scored her goal 17 seconds later to give Cortland a 6-3 lead. Abbott followed with back-to-back goals and assisted in Cook's goal at 22:52 to make it

See **LACROSSE**, page 12

### Cortland Athletics Scores

#### MEN'S LACROSSE

Cortland 14  
Potsdam 2

**Next:** @ Plattsburgh

#### WOMEN'S LACROSSE

Cortland 15  
Fredonia 2

**Next:** vs. Geneseo

#### BASEBALL

Cortland 6  
Keystone College 0

**Next:** @ New Paltz

#### SOFTBALL (Game 1)

Cortland 12  
St. John Fisher 0

#### SOFTBALL (Game 2)

Cortland 6  
St. John Fisher 1

**Next:** @ Plattsburgh (DH)

### Athletes of the Week

## Red Dragons Sweep Oswego

**Rowell and Kuhn throw  
gems for nationally 12th-  
ranked Cortland**

**By Nate Vaji**  
*Staff Writer*

With bad weather predicted, Cortland's final home games of the season were moved up a day. However, that had no effect as the Red Dragons swept the doubleheader from Oswego, and sent their three seniors out on a high note.

In game one, Cortland fell behind early 1-0 when Katie Bredin scored on a Sue Schoff single to centerfield for the Lakers.

However, that would be the only run Oswego scored as junior pitcher Lyndsay Rowell settled down to strike out five and walk just one to hold the Lakers scoreless for the rest of the game.

The Red Dragons answered in the bottom of the first when senior Donnalyn Cross walked and stole her way to third. Lucia Meola drew another walk, but got into a rundown and a throwing error allowed Cross to score, tying the game at 1-1.

Meola then scored on a wild pitch by Oswego's Sarah Thayer, giving Cortland a 2-1 lead.

The Red Dragons threatened



photo by Todd Curtis

**Lucia Meola scored the game-winning run in the game one win**

in the second inning, loading the bases with no outs. But Thayer got out of the jam by getting two groundouts and a strikeout.

Holding a 2-1 lead in the seventh, the Red Dragons got out of a jam after Paige Anderson led off with a double for Oswego. After a pop out, Rowell got the next batter to hit a ball right back at her, and threw out Anderson as she tried to advance to third.

Rowell then got Bre Meleen to ground into a fielder's choice, giving the Red Dragons the 2-1 victory.

Oswego outhit Cortland in game one, 5-2. Rowell pushed her record to 14-2 on the season with the victory.

Between games, Red Dragon seniors Donnalyn Cross, Katie Fusco, and Brooke Weidman were honored for their outstanding

careers.

Cortland's offense got going in game two, as Jessica Harman and Beth Lamison both homered to power the Red Dragons to a 6-0 victory.

Harman's two-run homer came in the first inning off of Oswego starter Jessica Palmitesso.

Cortland's Morgan Kuhn started game two in the circle, giving up just one hit in five innings of work. She also recorded six strikeouts and walked just two.

The Red Dragons added their third run in the third inning when Cross walked and later scored on a throwing error. Cross would then drive in Harman in the fifth inning with an RBI groundout in the fifth inning to put Cortland up 5-0.

Kuhn turned the game over to Abby Martin in the sixth inning, and she slammed the door on the Lakers by giving up just one hit and striking out four to preserve the win.

Lamison's homer capped the scoring in the sixth. Kuhn's record on the season improved to 6-1 with the victory.

The #12 ranked Red Dragons bumped their record to 27-3 and remains undefeated in the conference at 12-0. Cortland has now won 35 SUNYAC games in a row, and will face second place Plattsburgh this weekend to determine who will host the SUNYAC Tournament in May.



**Donnalyn Cross**  
**Softball**

SUNYAC Player of the Week with .647 average, three homeruns, four steals and five RBI



**Ryan Pericozzi**  
**Track & Field**

Qualified for NCAA Div. III Championships in pole vault with height of 5.00 meters