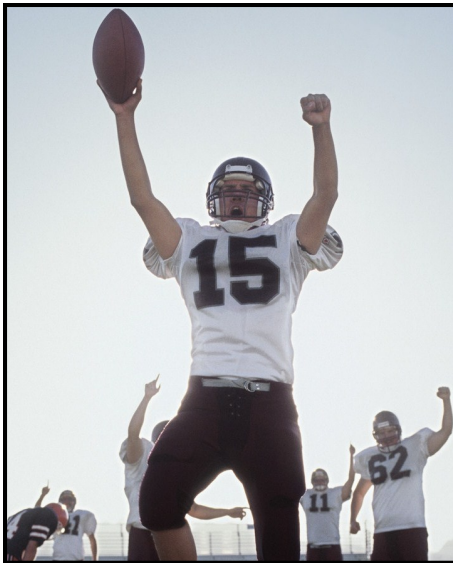


The Cortland Area Flag Football League, where your love of the game drives us.



Football emphasizes the element of teamwork, and with the Cortland Area Flag Football League this is no different.

- *The C.A.F.F.L. is a local league for local players. We pledge to cater as best as possible to the needs of our players, as well as to listen to all concerns and comments our players have.*
- *Make no mistake, we are all about the competitiveness that a sport like flag football brings, but the C.A.F.F.L. is equally committed to the fun and enjoyment we promise to bring to our players and fans.*



The Cortland Area Flag Football League: where you can take to the *field* and accomplish your *goals*.

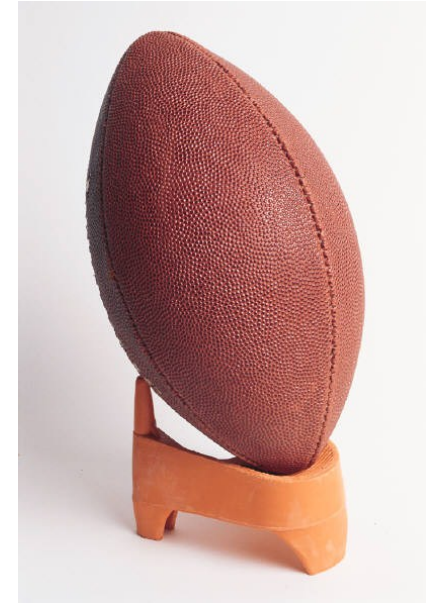
C.A.F.F.L.

511 Clark Hall
Cortland, NY
13045
Phone: 315-212-2661
E-mail: egreenwood21@yahoo.com

**Now On
the Web!**



League Informational Brochure



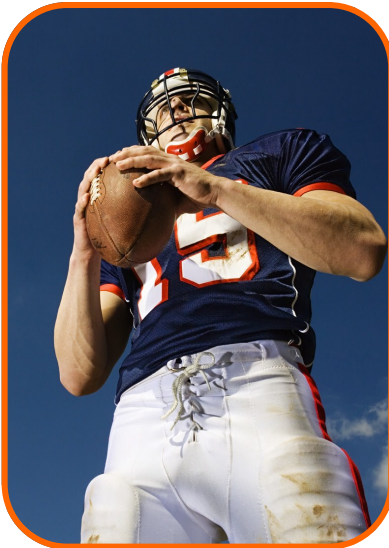
{ Eric Greenwood, Commissioner }



We are the Cortland Area Flag Football League, and we're all about football.

The Cortland Area Flag Football League (C.A.F.F.L.) is a recreational, competitive, and local flag football league in Cortland, New York. We are a stand-alone league that operates autonomously, holding a season every year for teams in the Cortland area.

C.A.F.F.L. players are consistently poised for success.



C.A.F.F.L.

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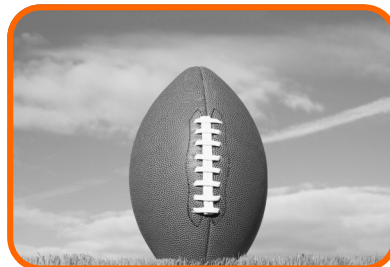
Web: <http://studentweb.cortland.edu/eric.greenwood/portfolio.htm>

Overview

The Cortland Area Flag Football League is a continuously operating league that is *always* looking for new teams to join. We consist of teams of 18-22 year-old males from the Cortland area, with the maximum roster size being 12 players. There is a mandatory \$100 registration fee to participate in the C.A.F.F.L., and our season runs from the end of August through December annually, with playoffs beginning every November. Games take place on Friday evenings, Saturdays, and Sundays, and we try to do our best to accommodate every teams scheduling needs. To participate, all players must present an acceptable form of I.D. to league officials. For all other information and regulations regarding the C.A.F.F.L. please visit our website.

Rule Set

For rules, the Cortland Area Flag Football League uses a base set of rules commonly used by 7 on 7 leagues nationwide. Many may have played under such rules in intramural, high school, or other recreational leagues. As noted, 7 players participate at any one time for each team. Other rules include 20 minute halves, no use of hands by linemen, and of course: flag grabbing instead of tackling. Once again, for further information regarding the rules of the C.A.F.F.L., please visit our league website.



Being a part of the Cortland Area Flag Football League: a *certain* score!

- The C.A.F.F.L. is as much concerned with sportsmanship, teamwork, and respectfulness towards officials, fans, and competitors as it is about individual and team accomplishments.

“To me it was never about what I accomplished on the football field, it was about the way I played the game.”

- Jerry Rice